

Mental Health Brochure Assignment

After selecting a mental health disorder from the list provided, you will be responsible for creating a brochure to help educate others on that specific disorder. (The list below is not comprehensive; let me know if there is another disorder you would like to research).

Content Criteria:

- Overview of the category the disorder fits into
- What the mental illness is, generally speaking
- Common symptoms
- How to support others with this disorder
- Resources in the community

Category	Specific Disorders
Mood Disorders	Depression Seasonal Affective Disorder Bipolar Disorder
Anxiety Disorders	Generalized Anxiety Disorder Social Anxiety Phobias
Personality Disorders	Obsessive–Compulsive Disorder Paranoid Personality Disorder
Psychotic Disorders	Schizophrenia
Eating Disorders	Anorexia Nervosa Bulimia Nervosa Binge–Eating Disorder
Trauma–Related Disorders	Post–Traumatic Stress Disorder

Grading Scheme

Information is accurate and complete

- Overview of the category the disorder fits into
- What the mental illness is, generally speaking
- Common symptoms
- How to support others with this disorder
- Resources in the community

1 2 3 4 5 6 7 8 9 10

Information is summarized in a way that is easy to understand

1 2 3 4 5

Information does not push stereotypes or perpetuate stigma

1 2 3 4 5

Brochure is organized and easy to read (titles/headings, images do not distract)

1 2 3 4 5